

# **JOY COMES IN THE MORNING: LEARNING TO COPE WITH LOSS AND LIFE**

**MISSION STREET CHURCH PRESENTS  
WITH  
NANCY SPEARS, MA, MFTI AND DR. BETH SIMMONS:**

**A SIX WEEK WORKSHOP DESIGNED TO HELP  
YOU UNDERSTAND THE PROCESS OF GRIEF**

**AND**

**THAT CHANGE IS LOSS!**

**WHEN: THURSDAY NIGHTS BEGINNING JANUARY 28  
6:30PM TO 8:30PM**

**WHERE: BOYS AND GIRLS CLUB  
1500 TEMPLE AVENUE CAMARILLO 93010**

**COST: \$35.00 FOR THE ENTIRE SIX WEEKS**

**IF YOU HAVE....**

**EXPERIENCED THE LOSS OF A LOVED ONE; LOSS OF A  
BELOVED PET; HAVE BEEN THOROUGH A RELATIONSHIP  
BREAK-UP; LOST A JOB OR INCOME; LOST YOUR HEALTH;  
MOVED INTO A NEW AREA; HAD A CHANGE IN YOUR  
CHURCH/FAITH LIFE; HAD A CHANGE OR LOSS IN YOUR LIFE  
OF ANY KIND...**

**THIS WORKSHOP IS FOR YOU!**

**EVERYONE IS WELCOME!**

**SEATING IS LIMITED!  
CALL TO REGISTER TODAY!  
805-482-8485**